

Case Report

Tracheal bronchus in a pediatric patient: a rare cause of recurrent lobar pneumonia

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ABSTRACT

Tracheal bronchus is a rare congenital anomaly involving an aberrant bronchus arising directly from the trachea, often supplying the right upper lobe. Although asymptomatic, it can contribute to recurrent pulmonary infections. We present a case of a 4-year-old female with multiple episodes of right upper lobe pneumonia who was ultimately diagnosed with tracheal bronchus via CT imaging. The case underscores the importance of considering structural airway anomalies in pediatric patients with recurrent, localized pneumonia.

Keywords: Recurrent pneumonia, Tracheal bronchus, CT imaging

INTRODUCTION

Tracheal bronchus, also referred to as "pig bronchus," is an anatomical variant that arises directly from the trachea instead of the carina. Though its prevalence is relatively low, estimated between 0.1% and 3%, it may carry clinical significance, especially in children with recurrent respiratory infections.¹ While the anomaly is typically incidental, it can impair mucociliary clearance, leading to chronic or recurrent infections, particularly in the right upper lobe.^{2,3} Pediatric patients may present with non-specific symptoms such as chronic cough, wheezing, or repeated pneumonic episodes, making early diagnosis challenging.⁴ Recent literature has emphasized the increasing use of high-resolution computed tomography (HRCT) and bronchoscopy in accurately diagnosing tracheal bronchus.^{5,6}

CASE REPORT

A 4-year-old girl child presented to the pediatric emergency department with fever, cough, and respiratory distress of 5 days' duration. The child's history was significant prior two hospitalizations over the past year

for right upper lobe pneumonia, each treated with antibiotics and supportive care. Her growth parameters were within normal limits, and there was no known exposure to tuberculosis or environmental allergens.

On examination, the patient was febrile (38.3°C), tachypneic (respiratory rate: 30/min), and mildly hypoxic (SpO₂ 94% on room air). Auscultation revealed decreased air entry and crackles in the right upper lung field. Laboratory tests showed leukocytosis (WBC: 15,200/mm³) and elevated C-reactive protein (CRP: 34 mg/L).

Imaging and diagnosis

Initial chest radiography revealed consolidation localized to the right upper lobe. Given the recurrent nature of his illness and fixed lobar involvement, a high-resolution CT scan of the chest was performed. It was suggestive of a consolidatory patch involving the apical and posterior segment of the right upper lobe, and medial segment of the right middle lobe with an air bronchogram. Imaging also demonstrated an accessory bronchus originating directly from the right lateral wall of the trachea

approximately 1.5 cm above the carina, supplying the apical segment of the right upper lobe—a finding consistent with a tracheal bronchus.

Management and follow-up

The girl was treated with intravenous antibiotics (ceftriaxone and clarithromycin), bronchodilators, and chest physiotherapy for 7 days. After clinical improvement, she was discharged. Given the relatively mild symptoms and the resolution of infection with conservative therapy, surgical resection was deferred. The parents were counseled on signs of recurrence and advised regular monitoring. At 6-month follow-up, the patient remained asymptomatic with no new episodes of pneumonia.

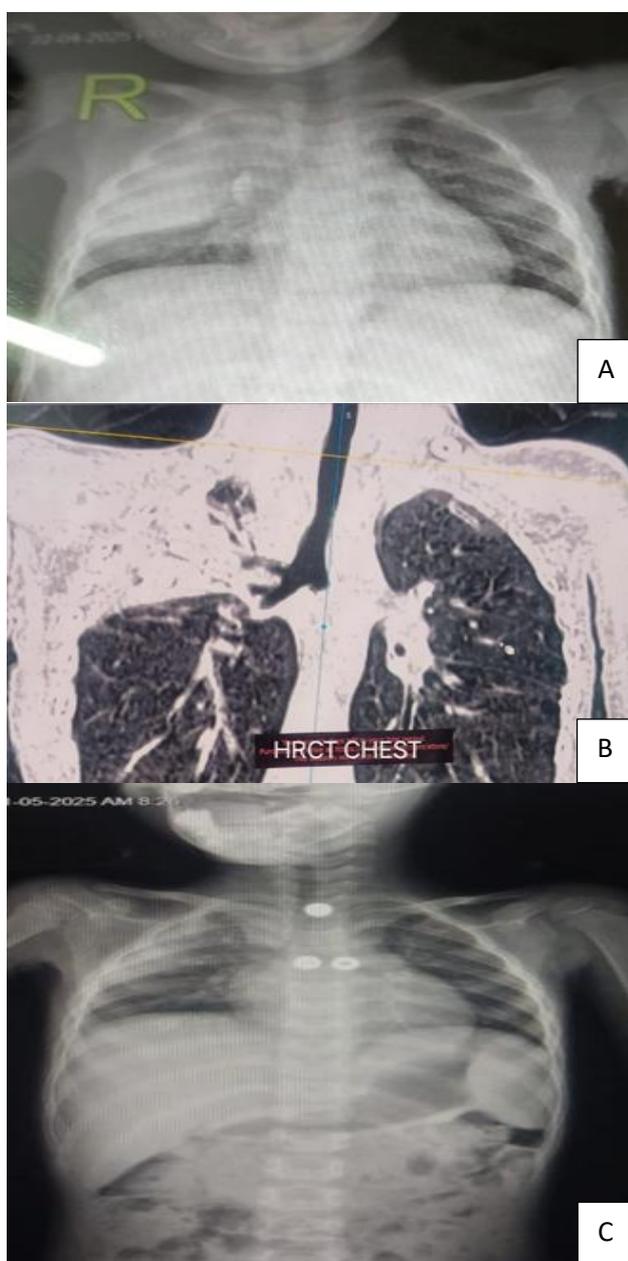


Figure 1 (A-C): HRCT chest.

DISCUSSION

Tracheal bronchus can be classified into two types: displaced (replacing the normal upper lobe bronchus) and supernumerary (in addition to the normal bronchial anatomy).⁷ In our patient, a supernumerary tracheal bronchus was identified, which is less likely to be detected unless symptomatic. The abnormal bronchial origin can result in inadequate airway clearance, mucus plugging, and localized infections.⁸

Recent case studies and reviews have increasingly highlighted the need to investigate structural airway anomalies in pediatric patients with recurrent or non-resolving pneumonia.^{1,9} Rasooly et al reported a similar case of a 40-day-old infant with persistent pneumonia due to a pig bronchus, while Gurung et al described a rare case involving both a tracheal bronchus and tracheoesophageal fistula.^{10,11} These findings emphasize that anomalies of the tracheobronchial tree may be more prevalent among children with unexplained respiratory issues than previously thought.

High-resolution CT and fiberoptic bronchoscopy remain the gold standards for diagnosis. The management strategy is individualized, ranging from conservative treatment in asymptomatic or mildly symptomatic patients to surgical resection in those with severe or recurrent infections.^{6,9}

CONCLUSION

In children with recurrent lobar pneumonia localized to the same lung region, rare anatomical variations such as tracheal bronchus should be considered. Early identification and appropriate management can reduce morbidity and prevent long-term pulmonary complications.

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